

### ABSTRACT OF THE INVENTION

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The invention relates to a cardiovascular healthcare management system which as  
an infomediary site with databases having information relating to cardiovascular disease  
risk factors such as age, blood pressure, LDL, HDL and subfractions thereof and  
cardiovascular disease management such as diet, exercise, drugs and cardiovascular  
educational materials. The physician can communicate electronically with the  
infomediary site to obtain patient test results and formulate a patient treatment plan from  
10 the diet, exercise and drug data. The physician can electronically communicate  
treatment plans to the patient through a record in the infomediary site. The patient can  
electronically communicate compliance information to the physician through the patient  
record. The infomediary site may also provide a case manager to provide initial draft  
treatment plans to the physician, gather patient history data and/or patient treatment plan  
15 compliance data.